



## Archdiocese of Regina

### **EXTRAORDINARY MINISTER OF HOLY COMMUNION (DURING THE LITURGY)**

#### **Overview**

Extraordinary Ministers of Holy Communion serve the Eucharistic life of the community. They are acknowledged by the Bishop at the request of the Pastor to assist the celebrant and other Ordinary Ministers during liturgy in sharing the Eucharistic body and blood of Christ and are commissioned by the Pastor or his delegate. The commissioning should take place in the presence of the community during Mass.

#### **Extraordinary Minister**

Canon 910 provides that the ordinary minister of Holy Communion is a Bishop, a priest or a deacon. The extraordinary minister of Holy Communion is an acolyte, or another of Christ's faithful deputed in accordance with Canon 230.

#### **Activities/Responsibilities**

- During the Liturgy helps the Ordinary Ministers of Holy Communion share the Eucharist.
- May assist with the division of the sacrament among the extra cups and plates needed for the Communion Rite as well as reserving what remains in the Tabernacle and cleansing the vessels after the Rite.
- Attempts to make eye contact by holding the host or cup at a level that allows the Minister to look just above or around it. Saying only "The body (blood) of Christ."
- For those wishing to receive only a blessing, this is done by laying a hand on their head and saying "May God bless you", or as instructed by the Pastor.
- Responds to special circumstances that may arise during the Liturgy.
- Performs special tasks with dignity and otherwise participates fully as an exemplary member of the assembly modeling good liturgical participation.
- Is faithful to the schedule and arrives on time for the Liturgy as arranged by the Ministry Coordinator.
- Is responsible for advising the Ministry Coordinator in the event of short notice cancellation.

- Is helpful in assuring that all the parish community's liturgical assemblies are adequately served with this ministry.
- Participates in rehearsals of ceremonial procedures in the parish community.
- Be available to clean the vessels as required.

The Activities/Responsibilities listed above may not completely reflect the ministry performed at this parish. Please refer to the 'Other Specifics' box for duties that are specific to this parish.

**Other specifics:**

---

---

---

**Skills, Experience, and Qualifications**

- Is a fully initiated member of the Catholic Church.
- Must be at least 18 years of age and have been duly prepared for this role.
- Is known in the parish community, participates in parish life and is of good character.
- Has a love for the Eucharist.
- Participates fully as a member of the liturgical assembly.
- Has participated in a training process that reflects on the mystery of the Eucharist and theology of Liturgy.

**Personal Traits and Qualities**

*(The following description may be of assistance to those considering this position)*

- Desires to serve the community and to commit time and talents to this ministry.
- Exercises the ministry in a manner which is additive to the prayer and participation of the assembly.
- Is committed to prayer, gospel values and growth in personal holiness.
- Is at ease with one-to-one social encounters.
- Understands the sacredness of the Eucharistic encounter, giving this moment the time and presence it deserves.
- Is willing to develop skills of gracious movement and a consciousness of body language.
- Is enthusiastic and has good relational skills.

### **Orientation and Training**

- Standard parish orientation program and commissioning provided by the Pastor during Mass. Training provided by experienced Extraordinary or Ordinary Ministers of Holy Communion.

### **Participant Group**

- The assembly.

### **Support, Supervision, and Evaluation**

- The Extraordinary Minister of Holy Communion Coordinator is the first level of support, supervision and evaluation. The parish priest and/or his delegate(s) also exercise this role.

### **Length of Ministry**

- \_\_\_ year term.

### **Benefits and Working Conditions**

- Will directly impact the liturgical experience at the parish.
- Will enhance personal spiritual growth.
- This is a volunteer position requiring a time commitment of \_\_\_ hours per week or \_\_\_ hours per month.
- Must be able to attend the orientation session and training sessions as required.

**Screening Recommendations**

- This is a General Security position.
- Completion of a Volunteer Information Form is required.
- Training and orientation are required.
- There will be supervision by the Pastor.

**This ministry position description accurately reflects the Ministry of Extraordinary Minister of Holy Communion currently practiced at**

\_\_\_\_\_  
(Parish Name)

\_\_\_\_\_  
Parish Volunteer Screening Committee

\_\_\_\_\_  
Pastor

\_\_\_\_\_  
Date

**Prepared by the Archdiocese of Regina**  
*Adapted from the Archdiocese of Toronto*