

# Youth and Vocation Adoration / Rosary Calendar/[www.archregina.sk.ca/vocations](http://www.archregina.sk.ca/vocations)



Date	Organizing Authority/Group
Jan 1 – 31	East Regina Deanery
Feb 1 – 28	Esterhazy Deanery
Mar 1 – 31	Estevan Deanery
Apr 1 – 31	Moose Jaw/Gravelbourg Deanery
May 1 – 31	Qu'Appelle Deanery
June 1 – 30	West Regina Deanery
July, 1 <sup>st</sup> Week	Camp Monahan Daughters of Mary
July, 2 <sup>nd</sup> Week	Camp Lemieux
July, 3 <sup>rd</sup> Week	Kenosee/Sisters of Our Lady of the Missions
July, 4 <sup>th</sup> Week	Camp Monahan
July, 5 <sup>th</sup> Week July 28-Aug 3	Shrine of Mary, Queen of all Hearts Lestock Marian Centre
Aug, 1 <sup>st</sup> Week – 4-10	Our Lady of Lourdes Shrine, Kapsovar, Camp O'Neill/Camp Lemieux
Aug, 2 <sup>nd</sup> Week	Grotto of Our Lady of Lourdes, Rama Diocesan Leadership Camp
Aug, 3 <sup>rd</sup> Week	Sisters of the Precious Blood
Aug, 4 <sup>th</sup> Week	Sisters of the Immaculate Heart of Mary
Sept, 1 <sup>st</sup> Week	Myriam Family of the Prairies Sisters of Loretto
Sept, Remainder	Swift Current Deanery
October	Weyburn Deanery Soeurs de Notre Dame
November	Melville/Yorkton Deanery Ursuline Sisters of Prelate
Dec, 1 <sup>st</sup> and 2 <sup>nd</sup> Week	West Regina Deanery
December, Remainder	East Regina Deanery

			
<p>Eight Ways to Pray During Adoration</p> <ul style="list-style-type: none"> <li>• Read Scripture</li> <li>• Pray</li> <li>• Read Spiritual Books</li> <li>• Intercessory Prayer</li> </ul>			
		<p><b>EUCCHARISTIC ADORATION</b></p> 	
<ul style="list-style-type: none"> <li>• Offer a Holy Hour</li> <li>• Ask Saints for Help</li> <li>• Meditate</li> <li>• Write in a Prayer Journal</li> </ul>			
			
			

