

HELPFUL LINKS

Information on the IFHP (Interim Federal Health Plan):

<https://www.canada.ca/en/immigration-refugees-citizenship/services/refugees/help-within-canada/health-care/interim-federal-health-program/coverage-summary.html>

Application for Sask Health:

<https://www.ehealthsask.ca/residents/health-cards/Pages/Apply-for-a-Health-Card.aspx>

Application for SIN (Social Insurance Number):

<https://www.canada.ca/en/employment-social-development/services/sin/before-applying.html>

CTB (Child Tax Benefit):

https://www.canada.ca/en/revenue-agency/services/forms-publications/publications/t4114/canada-child-benefit.html#CCB_HDYA

RSTP (Refugee Sponsorship Training Program):

<http://www.rstp.ca/>

Newcomer Welcome Centre:

<https://reginanewcomercentre.ca/index>

Sask 211:

<https://sk.211.ca/>

Canadian Centre for Victims of Torture:

<http://ccvt.org/>