

Catechist Formation is Three-Fold

- 1.)** It provides for the catechist's spiritual growth,
- 2.)** It increases theological knowledge,
- 3.)** It expands skills in teaching through study and practice.

God is the source of all catechists and prayer is a most integral part of formation.



If you are a Catechist,
Sacrament
Coordinator, Pastoral
Assistant, Children's
Liturgy Leader, Bible
Study Leader or if you
are discerning to serve
a parish as a Catechist,
you may require
formation. Please
contact us to submit
an application.

You may qualify for a subsidy.



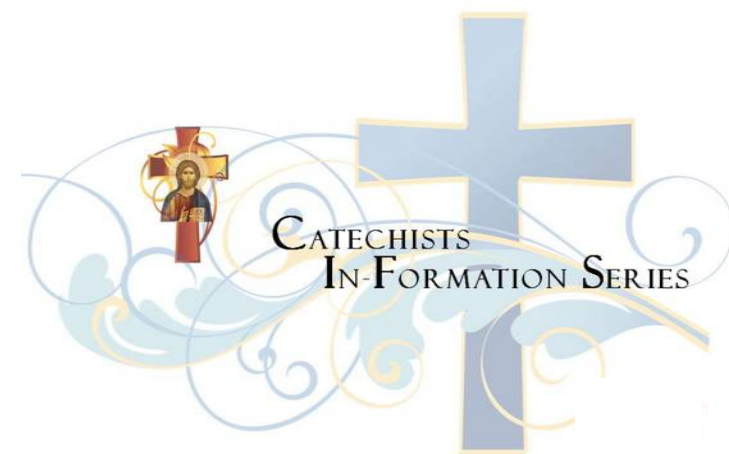
Office Address:
200-2151 Scarth Street
Regina, SK S4P 2H8
Phone: 306.352.1651



***The Roman Catholic
Archdiocese of Regina
and***



**NEWMAN THEOLOGICAL
COLLEGE
present**



Catechist Formation

The Archdiocese of Regina and the Office of Catechesis is offering Formation to individuals interested in earning a Certificate in Catechesis to enhance Catechesis Ministry in parishes. This is open to people who teach religious education in parishes, including those who teach RCIA, on-going catechesis of all ages and sacrament preparation in a parish setting.

Why Should I Take Part?

Because Spiritual and Educational Formation sit parallel. Being a Catechist is the deepest dimension of formation. Simply put, to learn is to teach and *vice versa*. The New Directory for Catechesis points out that your love of God places you at the service of the Kingdom, and the interior elements of formation flow in harmony when educating and communicating. This is knowing how to be with your gifts and personal charisms.

Education Formation

A Certificate course is being offered through Newman Theological College based out of Edmonton.



Newman Theological College:

A certificate in *Faith Foundations I*, is offered over two years offered online and it includes books, study, assignments and evaluation. A cohort begin January 2026. Space is limited.

You Will Learn More About:

- Magisterium
- Church History
- Catechism of the Catholic Church
- Prayer
- Sacred Scripture
- Sacraments
- Accessing Spiritual Direction

Spiritual Formation

Spiritual formation is a process of becoming more Christ-like. It encompasses the learning and practice of spiritual disciplines, and listening to the promptings of the Holy Spirit and Spiritual Direction. Formation includes participation in Retreats and Workshops designed for Catechists to enrich individual relationships with God.

Retreats

Spiritual Retreats are a time to grow closer to Christ in the context of Catechesis allowing time for prayer, reflection and meditation.

Workshops

Workshops are in-person or online interactive sessions created for catechists to experience hands-on practical learning, sharing, participation and networking within the community of catechists of the Regina Archdiocese. Workshops equip catechists in parish ministry to serve the Church in the mission field.