



Archdiocese of Regina

Bulletin

October 27, 2024

30th Sunday in Ordinary Time

Read. Pray. Vote! Saskatchewan Elections

The October election will offer Saskatchewan voters an opportunity to ensure that the province is guided by leaders who will provide practical and efficient leadership with the good of all in mind – including the unborn, the elderly, the young, families, and those who are too often forgotten by society – as well as workers, farmers, business owners, and all future generations. Catholics are called to participate, in accordance with the full measure of talents entrusted to us by God, each of us in accordance with our own well-formed conscience. At a minimum, this means voting prayerfully and wisely after having considered all relevant issues, the positions of each of the candidates and parties, and relevant Church teachings. Many of us are called to even deeper involvement: volunteering at polling stations and other efforts to get out the vote; engaging personally with candidates and party officials; helping to spread good ideas and encourage others to vote properly; or in some cases volunteering to assist candidates or parties – or even putting ourselves forward as candidates.

To assist you with these efforts, you can visit the Catholic Conscience Page at: catholicconscience.org/Canada/Saskatchewan/2024-provincial-election/

Learn more about your candidates for Catholic School board trustees at archregina.sk.ca/newsstory/regina-catholic-school-board-trustees-whos-running-2/

Cuernavaca Student Mission Trip

Student mission trip with Cuernavaca Project December 25, 2025, to January 3, 2026. Open to all Grade 9 to 11 students. Five from each Catholic High School will be chosen. For more information, call Joan Rink at 306-533-1648.

Stewardship Bulletin Bit

“And Jesus said to him, ‘Go your way; your faith has made you well.’ And immediately he received his sight and followed him on the way.” (Mark 10:52)

Faith is believing in something even though you may not be able to physically see it. Many people think that miracles don't happen anymore. This is hard, but try to focus on the positive and not the negative things in your life. When you focus on your blessings instead of your hardships, miracles will seem common. You will see God's active presence in your daily life. You will begin to develop an attitude of gratitude.

The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

Archbishop's Appeal

Blind Bartimaeus calls out to Jesus and is healed because of his unwavering faith. His persistence teaches us the power of reaching out in trust. In our community, many are searching for hope and healing. By supporting the Archbishop's Appeal, we can work to become instruments of God's mercy, helping to restore sight to those blinded by despair. Through the support of mental health ministry within the diocese, those who struggle can find a space to work towards healing. Together, we can echo Bartimaeus's faith, creating a ripple effect throughout our Church and beyond.



Pilgrims of Hope: Together in Mission

Fr. Raymond Lafontaine, a priest of the Archdiocese of Montreal, has been present in the Archdiocese of Regina since May 2024. During this six-month study leave, he has visited numerous parishes and groups across the Archdiocese, meeting with priests, pastoral staff, and lay leaders, observing and learning from the different ways in which we “walk together” as a synodal church in mission. He will be serving as a table facilitator at the 2nd Synodal Assembly in Rome this October, and upon his return, he will lead us in a diocesan study day. What is the Spirit speaking to the Church through the Synod? How far have we progressed along the synodal path, and how can we deepen our commitment to walking together as we live the call to communion, participation, and mission? Fr. Raymond will have many lively stories to share, and so do each of us! Come and share in this conversation with friends and mission partners from across the diocese. Join us on Saturday, November 9, 2024. The study day begins at 9:30 am with a light breakfast and concludes at 1:00 pm at Resurrection Parish, 3155 Windsor Park Rd, Regina.

Free registration is requested to assist with planning. To register email mgurash@archregina.sk.ca or call 306-721-6734 by Wednesday, November 6.

Emmaus Men's Mental Health Support

Are you feeling overwhelmed by guilt, anxiety, or constant self-doubt? Do you struggle with negative thoughts or find yourself questioning your decisions? You're not alone. Our Emmaus Men's Mental Health support group in Regina can help you find strength, understanding, and a path to peace.

Our group offers a safe space for men facing mental health challenges, providing a faith-filled environment to share experiences, receive encouragement, and explore practical coping strategies. Through open discussions, prayer, educational resources, and spiritual guidance with peers, we walk together on our collective journeys toward healing and growth.

Please note that Emmaus groups do not provide professional counselling services and are not intended to replace professional counselling, medication, or therapies.

For more information on meeting times and locations, and how to join, contact emmausmentalhealth@gmail.com or visit our website at emmaussupport.ca

CEFFA invites you to its Faith Congress 'Growing in Love' on November 1, 2024 from 9 a.m. to 3:30 p.m. <https://archregina.sk.ca/group/en-francais/> If you participate online as a group as a parish in the same location, the registration fee is \$75 for the parish. The CÉFFA wants to know the name of the parish and the number of people present. The fee is \$45 for individuals, online. If you want a subsidy for registration fees, apply to direction.cpfis@gmail.com.

The Myriam Family of the Prairies invites you
For a day retreat for adults on November 23rd, 2024
From 9h30 to 4h00

With the theme:

The adventure of my spiritual journey;

The purgative phase

The retreat will include talks, sharing, Mass with Bishop James Weisberger, Holy hour, and lunch, in the beauty of nature and the silence of the countryside at our house of prayer in McLean, Sk, 45 km East of Regina.

A Youth retreat

What? A 24 hours youth retreat.

When? November 8th, 5h00pm to November 9th, 2h00pm.

Where? At the Myriam Family house of prayer in McLean SK

Age? From age 12 to 17

How much? Suggested donation; 25\$/person

To register, call Sr. Stephanie: 306-761-0528 or by email: pss.prairies@famillemymriam.org

ArchRegina Weekly Report



The weekly report is published every Friday and features top stories, reflections, Catholic news, and events from our Archdiocese and around the world.



Stay connected and inspired throughout the year! Subscribe to our other email publications and follow us on social media for the latest Catholic News, inspirations, and updates on Archdiocese of Regina events and activities. Let's journey together in faith!"

HOSPITAL CHAPLAINS

Pastoral Care focuses on people's needs from a spiritual and theological perspective in order to help create an optimum climate for healing of body, mind and spirit. If you or a loved one is in the hospital, please contact a chaplain to arrange a pastoral care visit or an anointing.



General - Jerry: 306-519-1405

Pasqua - Jennifer: 306-519-1380

Wascana - Joan: 306-530-6511

