



Archdiocese of Regina November 10, 2024

Bulletin

32nd Sunday in
Ordinary Time

Youth Events

RISE UP: EVENT BY CCO

Rise Up is an event put on by CCO (Catholic Christian Outreach) every year over the Christmas holidays. This year's event for young adults (ages 18 & up) will take place Dec. 29- Jan. 1st in Calgary, Alberta. It will include opportunities for workshops, faith sharing, prayer and a unique New Year's gala experience. The Office of Youth and Young Adult Ministry of the Archdiocese of Regina is happy to provide a bus for those wishing to attend. (The bus will be free, but you will need to pay for your own registration) If joining the bus is of interest to you, please let us know NO LATER than November 30. bit.ly/ooyamtrip.

World Youth Day 2024

Do you know that WYD is celebrated EVERY year all around the world on the feast of Christ the King? The theme for this year's WYD is "Those that hope in the Lord, will run and not grow weary." The Office of Youth & Young Adult Ministry invites all young adults ages 18 and up to join us Sunday Nov. 24th for an afternoon of Laser Tag, a guest speaker, discussion and community prayer. The cost is \$20. Please register at bit.ly/archooyam

Ministering to Youth Workshop

Do you work with young people? Care about young people? If so, please join the Office of Youth and Young Adult Ministry for a Youth Ministry Workshop. Come explore what youth ministry is, who it involves and why it is vital to our church. If you are a member of the clergy, a parish worker, a teacher, a volunteer, a catechist or work with an apostolate this workshop could be of interest to you. Join us Nov. 30th from 9:30-3:30 at the diocesan offices. No cost involved. Lunch provided. Please register by emailing ooyam@archregina.sk.ca

Face to Face is coming to Regina! Join us at St. Martin's Parish on Saturday, November 30th for back to back youth retreats. Grades 4 to 7 will meet from 2:00 pm to 4:45 pm and grades 8 to 12 will meet from 6:30 pm to 9:30 pm. With a wonderful balance of outrageous fun, engaging talks and impacting prayer moments, our youth will enter in and receive the love of God. Contact Sheri Parker at 306-533-2561 to register.

The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

Archbishop's Appeal

Jesus honors the poor widow who offers two small coins—all she has—to the temple treasury. Her generosity teaches us that the value of a gift lies not in its monetary worth but in the love and sacrifice it represents. In supporting the Archbishop's Appeal, even modest contributions become powerful when given from the heart. Our collective offerings, big or small, unite to make a significant impact. Like the widow, let us give not from surplus but from faith, trusting that God will multiply our gifts for His greater glory.



Vatican II and Synodality with Dr. Catherine Clifford

Dr. Catherine Clifford is a Canadian laywoman appointed as a delegate to the XVI Assembly of the Synod of Bishops. She is a professor of theology and director of the Centre for Vatican II and 21st Century Catholicism at the Université Saint Paul in Ottawa. A specialist in ecumenism and ecclesiology (the theology of church), Dr. Clifford has over two decades of experience as a member of Anglican-Roman Catholic and other ecumenical dialogues. Dr. Clifford will be visiting Regina soon after returning from the Synod. She will be speaking on how a renewed attention to the ancient practice of synodality is giving a renewed attention to the teaching of the Second Vatican Council. **Wednesday, November 27** at 7:00 pm at Campion College. All are welcome! For further information, contact Nick Jesson, Archdiocesan Synod Coordinator, njesson@archregina.sk.ca

Camp Monahan's Annual Christmas Dinner

Enjoy an evening out with great food, music and friends at Camp Monahan's Annual Christmas Dinner, sponsored by Holy Child Knights of Columbus on December 7th. For more information and tickets are available online campmonahan.ca or by contacting our office (306)522-1047 or email campmonahan@sasktel.net.

Join “Companions in Hope: A Prayerful Space for Healing and Support

An Online Mental Health Prayer Group

Emmaus Mental Health Ministries warmly invites you to Companions in Hope, an online prayer group for those living with mental health challenges and the allies who accompany them. This is a sacred space of safety, acceptance, and healing, where we come together in prayer and reflection, offering support to one another on our journey toward hope.

Through the practice of Lectio Divina and other traditional contemplative prayers, we will reflect on God’s healing presence and our need for grace, fostering peace, consolation, and connection. Whether you’re seeking comfort in your mental health challenges, or encouragement as you accompany and support loved ones, you will find a quiet, peaceful community of prayer and support.

We meet on Zoom every second Thursday of the month. To Register: Please contact emmausmentalhealth@gmail.com to receive the Zoom link and join us in this journey of healing and hope.

Emmaus Men’s Mental Health Support

Are you feeling overwhelmed by guilt, anxiety, or constant self-doubt? Do you struggle with negative thoughts or find yourself questioning your decisions? You’re not alone. Our Emmaus Men’s Mental Health support group in Regina can help you find strength, understanding, and a path to peace.

Our group offers a safe space for men facing mental health challenges, providing a faith-filled environment to share experiences, receive encouragement, and explore practical coping strategies. Through open discussions, prayer, educational resources, and spiritual guidance with peers, we walk together on our collective journeys toward healing and growth. Please note that Emmaus groups do not provide professional counselling services and are not intended to replace professional counselling, medication, or therapies.

For more information on meeting times and locations, and how to join, contact emmausmentalhealth@gmail.com or visit our website at emmaussupport.ca



HOSPITAL CHAPLAINS

Pastoral Care focuses on people’s needs from a spiritual and theological perspective in order to help create an optimum climate for healing of body, mind and spirit. If you or a loved one is in the hospital, please contact a chaplain to arrange a pastoral care visit or an anointing.

General - Jerry: 306-519-1405
Pasqua - Jennifer: 306-519-1380
Wascana - Joan: 306-530-6511

ARCHDIOCESE OF Regina



TF #426: Conquest Boys Club Q&A - Part 14

This week, Deacon Eric and Dr. Brett field another randomly drawn question courtesy of the Conquest Boys Club of St. Anne’s parish in Regina. They’ll be talking about the Ecumenical movement and unity among Christians.

thinkingfaith.libsyn.com/conquest-boys-club-qa-part-14

CWL Corner

- Calendar item: Save the Date, the 102nd Regina Diocesan Convention will be held on Saturday, May 3rd, 2025, at St. Joseph’s in Moose Jaw.
- Leadership formation opportunity. The Catholic Women’s Leadership Foundation, CWLF is accepting applications for the 2025-2026 Catholic Women’s Leadership program. This eleven-month online program is open to all catholic women who have leadership gifts and are seeking a deeper understanding of transformative leadership. Deadline to apply is Dec 15, 2024. More information may be found at cwlfcanda.ca/ and the application is available at form.jotform.com/241684734994270
- The Regina Diocesan CWL has a newsletter. Our first edition was published in October 2024. The Catholic Women’s League of Canada calls its members to grow in faith and to witness to the love of God through ministry and service. Wonderful things are happening in CWL councils across the diocese. Join us in Faith, Service and Social Justice. For more information please contact Linda at regina.diocesan.cwl@gmail.com.

Myriam Family - Adult Retreat

A day retreat for adults on November 23rd, 2024

From 9h30 to 4h00

With the theme: The adventure of my spiritual journey; The purgative phase.

The retreat will include talks, sharing, Mass with Bishop James Weisberger, Holy hour, and lunch, in the beauty of nature and the silence of the countryside at our house of prayer in McLean, Sk, 45 km East of Regina. To register, call Sr. Stephanie: 306-761-0528 or by email: pss.prairies@famillemyriam.org

Stewardship Bulletin Bit

“I say to you, this poor widow put in more than all the other contributors to the treasury. For they all contributed out of their abundance; but she out of her poverty has put in everything she had, her whole living.” (Mark 12:43-44)

Jesus gets right to the point – we are all called to give money to support the mission of the Church, regardless of our circumstances. No gift is too small or insignificant! Giving money to support the mission of our local parish is a matter of our faith, just like praying and participating in parish ministries. When you make a financial offering, is it from your “first fruits” or from what is “left over”?