



Archdiocese of Regina *Bulletin*

October 25, 2026

30th Sunday in
Ordinary Time



ARCHREGINA CONGRESS

SATURDAY, OCTOBER 31

10:00 AM - 3:00 PM

At: Resurrection Parish

Register by October 26

To: mgurash@archregina.sk.ca

306-352-1651



Blessings Remembered, Hope Renewed

What might God be inviting our parish communities to become, and where do we begin? Join us for our annual Archdiocese of Regina Congress on October 31 at Resurrection Parish with an optional Mass at 9:00 AM.

Keynote Guest Speaker: Sr. Nathalie Becquart - Undersecretary of the General Secretariat of the Synod of Bishops (via Zoom)

Together we'll continue to explore God's vision for the Church and consider what that vision might look like in our parishes. Through prayer, communal discernment, and creative activities, we'll reflect on our blessings, name our challenges, and share our hopes and ideas for the future. Together, we'll identify practical, pastoral next steps for our parishes and our diocese and set a path forward as we prepare for our Archdiocesan Synod Assembly in May 2027.



Emmaus Mental Health Caregivers Support Group

Are you supporting a loved one living with mental health challenges? You are not alone. Our Emmaus Spiritual Peer Support for Caregivers groups offer a safe, faith-based space

for those walking alongside a loved one experiencing mental health struggles. These gatherings provide prayer, reflection, and compassionate peer support rooted in the hope of Christ. We currently have groups operating once a month in Regina & Saskatoon with in-person and online options available. For more information or to join, please contact: emmausmentalhealth@gmail.com

Archbishop's Appeal

In today's Gospel, Jesus teaches us that the greatest commandments are to love God with all our heart, soul, and mind, and to love our neighbour as ourselves. These two commandments are deeply connected—our love for God is revealed through the way we care for and respond to the people around us.

The readings remind us that faith is not only something we believe; it is something we live. In Exodus, God calls His people to show compassion and care for those who are vulnerable. In his letter to the Thessalonians, St. Paul celebrates a community whose faith was made visible through their actions and their example.

As we reflect on these readings, we are invited to consider how our own lives can become a reflection of God's love. Through simple acts of kindness, generosity, and compassion, we help make Christ's love present in the world.



Fall Development and Peace Workshops

This fall, Development and Peace - Caritas Canada invites us to ask: "Is Canada on Track for Justice?" Join us for a presentation and many activities exploring Canada's role in international development, hear about the importance of Canadian international aid, and discover how we can take action together for a more just and peaceful world.

Everyone is welcome!

For more information contact Michael LeBlanc at mleblanc@devp.org or 306-205-2334.

Workshop Dates:

October 25 - Christ the Redeemer Parish, Swift Current - 11:15am to 1:15 pm

October 30 - Holy Rosary Parish, Regina - 6:30pm-8:30pm

Stewardship Bulletin Bits

"You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind." - Matthew 22:37

Do you put other "gods" before God? Is your love of money, power, status, comfort or some personal possession greater than your love for God? Do you recognize that everything you have and that everything you are is a gift from God? Putting God first in everything helps keep us from becoming a slave to our possessions and to our pride.

The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.